



# Family Martial Arts Academy

## CLASS SCHEDULE

(effective July 2, 2012)



	Monday	Tuesday	Wednesday	Thursday	Saturday
<b>Tiny Tigers</b>					
<b>Starter Class</b> ★	3:15-3:45		3:15-3:45		9:00-9:30am
<b>Tigers Advanced</b> ★	3:45-4:15		3:45-4:15		
<b>Tiny Tigers 1</b>	5:00-5:30	4:00-4:30	5:00-5:30		9:30-10:00am
<b>Tiny Tigers 2 &amp; 3</b>	5:30-6:00	(comb 1, 2/3)	5:30-6:00		10:00-10:30am
<b>Juniors</b>					
<b>7-11 yr</b> ❄️	4:15-5:00	5:15-6:00	4:15-5:00	5:15-6:00	
<b>Adv. Juniors</b> ❄️		<b>4:30-5:15</b>		<b>3:45-4:30</b>	
<b>Open Family Karate</b>					
<b>All Levels &amp; Ages</b>	6:00-6:45		6:00-6:45		10:30-11:15am
<b>BBL / Advanced Work</b> ❄️ ★	<b>6:45-7:30</b>		<b>6:45-7:30</b>		
<b>Brown-Black Belt</b> ★			<b>7:30-8:15</b>		
<b>Adult Karate</b>					
<b>Adults – All levels</b> ❄️		6:00-6:45		6:00-6:45	
<b>BBL / Advanced Work</b> ❄️ ★		<b>6:45-7:30</b>		<b>6:45-7:30</b>	
<b>Other M. A. Classes</b>					
<b>Sparring / Kumite</b> ❄️					11:15-12:00pm
<b>Escrima / Kobudo</b> (*)	<b>6:45-7:30</b>		<b>6:45-7:30</b>		11:15-12:00pm
<b>Iaido / Sword</b> ★				<b>4:30-5:15</b>	
<b>MMA</b> ★	Reserved for Fridays 5:00-7:00pm by arrangement – check with coaches.				
<b>Kickboxing</b>		7:30-8:30 + (8:30 open floor)		7:30-8:30 + (8:30 open floor)	
<b>BJJ</b>	8:15-9:15 + (9:15 open floor)		8:15-9:15 + (9:15 open floor)		
<b>Tai Chi</b>	7:30-8:15			8:45-9:30	12:30-1:15pm

❄️ Some classes will include sparring; appropriate gear is required.

★ By appointment and/or instructor invitation only.

(\*) Kobudo classes take place with advanced classes on M / W.

**RED** designates Black Belt Leadership Program (BBL).

Fridays and other limited times reserved for private lessons.

Contact Sensei at 503-977-3300 for private lessons, MMA schedule, or BBL scheduling and cost.

**Family Martial Arts Academy**  
**8618 SW Hall Blvd., Beaverton, Oregon 97008**  
**503-977-3300**

[www.tigardmartialarts.com](http://www.tigardmartialarts.com) • [www.facebook.com/familymartialartsacademy](http://www.facebook.com/familymartialartsacademy) • [www.aska-karate.org](http://www.aska-karate.org)